



BC Special Olympics-Nanaimo Newsletter

March 2005



What a summer we have to look forward to! So many of our athletes have qualified to attend the Summer Games. So do you know that this gives them the opportunity to qualify for the National Games? Athletes, I hope you are keeping in shape and training to your highest potential to be ready. It would be nice to have a large number of our local going to the Nationals. ONWARD AND UPWARD!! Some of our athletes have the chance to attend the two sections of the Games this year, the ones in Comox, for track and field, swimming, 10 pin bowling, rhythmic gymnastics and soccer, and the Sport Championships in Surrey with 5 pin bowling. The numbers of athletes have grown so much over the years that Special Olympics has to start dividing the Games into sport Championships. This is a good thing because they are held at different times; it gives the individual athlete more chances of qualifying for the National Games.

It is also an exciting time for the coaches to be going to the Provincial Games because they have a chance to enter their name to go to the Nationals. In order to get to any of these Games, the coach must have completed their coaching course in Special Olympics and it helps that a sport course has been taken. These courses are offered throughout the year in various locations. If you are interested, let Sylvia know.

YEAH TEAM!

Aquatics	Track and Field	Soccer	Rhy, Gym
Kevin Baldwin	Charla Joiner	Bill Polz	Joanna Steele
Kristeen Cooper	Chris Crocker	Robin Blanchette	
Lorraine Rozzano	Crystal Lussier	Brad Hogan	
	Ginger Meers		
	Jason Kemp		
	Ray Lappalainen		
	Ron Greenhorn		

5 Pin Bowling

Yves Moskaluke
Lorraine Rozzano
Richard McLellen
Kevin Baldwin

COACHES

Carla Henderson aquatics
Angela Behn track and field
Sharon Larkins track and field
John Campbell soccer
Stephanie Martyn rhythmic gym
Shirley Cottle 5 pin bowl
Bill Crocker Team manager 10 pin bowl

The soccer players have been picked up to play with Port Alberni and Victoria



This season we have played in 3 bonspiels.

On December 5, 2004 we traveled to Parksville. We entered 2 teams and were very successful. The team of Joanna Steele, Brenda Ackerman, Dan Bateman, and Doug King finished first. The team of Glen McCord, Paul McKinley, Jay Belinski and Dennis Lynch finished second. Chris Crocker curled well on loan to one of the Victoria teams.

On February 12th our 3 teams hosted 10 teams from the Island and one from Powell River at the Nanaimo Curling Club. We played 4 games. The final results were:

First Place - The team of Emily Elgie, Jay, Dan, Doug Rolph and Terry Newman.

Second Place - The team of Paul, Glen, Dennis and Chris

Third Place - Joanna, Doug King, Brenda and April Schneider.

On February 20th we traveled to the Esquimalt Curling Club. Illness struck our teams and we had to play the 3 teams with only 10 curlers (2 short). Even so, the team of Jay, Doug Rolph and Terry finished first overall.

This has been a terrific year for our curlers. Every Special Olympic curler should be proud of not only what they accomplished on the ice this year but also of how they conducted themselves on and off the ice. As a coach, it is a pleasure to know that our athletes can be counted on to exhibit good etiquette and sportsmanship whenever they are in competition. I would also like to welcome belatedly April Schneider and Terry Newman as new curlers. Our season will end on March 17 and we shall begin anew on October 6, 2005. Submitted by head curling coach Ron Kaneen.

BCSO-Nanaimo Website

It's official! We have our website up and running and it looks fantastic! You can find it at <http://www.bcsonanaimo.ca> Thank you so much Norm Olsen for putting this together for us. If you have any suggestions, pictures or additions for the website you can forward them to Angela at angelabehn@shaw.ca or you can give them to one of your coaches at your programs.



It's Season Change Time!

Last day for Dryland Training is March 14th

Last day for Athletic Club is March 16th

Last day for Level 1 Rhythmic Gymnastics is March 16th

There will be no bowling on March 26th due to Easter

Start up Times:

Track and Field – starts Mon., April 11th at Rotary Bowl Track
(behind NDSS) 5:45-6:45

Soccer – starts Tues., April 12th at Dufferin Crescent Elementary
5:45-7:00

Softball – starts Wed., April 6th at Dufferin Crescent Elementary
7:00-8:00



Figure Skating

Congratulations to Jayleen Brash for competing in her first Figure Skating Competition! We traveled over to North Vancouver where she placed FIFTH in the Level One Ladies category. She was the youngest athlete in the Special Olympics event and it was a great experience for her to get to see other athletes from the lower mainland. Well done, Jay! Also congratulations go out to Maddie Brookes our other figure skating athlete who passed her first badge at skating! Way to go, Maddie!