



BC Special Olympics-Nanaimo Newsletter
September 2005



WELCOME BACK!

It has been a very busy summer for me and for a lot of coaches and athletes. We have had the 2005 BCSO Summer Games and Championships and the Canada Games to keep us on the edge. Many medals were brought home from each event!! Thank you coaches for the dedicated training you gave the athletes, it paid off! Now it is time to start a new season. We want you to spread the word about our great club so we can have more athletes and volunteers. Please give them my number - Sylvia Taylor 758-0630.

REGISTRATION

Please return the enclosed registration forms to Shirley Cottle in the envelope now. REGISTRATION IS BY MAIL ONLY.

FEES

ATHLETES: \$15 (this includes the Fall/Winter and Spring programs)

****If you register only in Spring it will still be \$15****

VOLUNTEERS: No Charge

ALL VOLUNTEERS AND COACHES **MUST** BE REGISTERED
BEFORE ATTENDING ANY SPORT SESSION.
COACHES **WILL NOT** DO ANY REGISTRATIONS.
REGISTRATION IS BY MAIL ONLY.

SPORT FEES

5 PIN BOWLING \$2.00 PER SESSION

SWIMMING \$8.00 PER MONTH prepaid

SKI & SNOWSHOE TO MTN. Based on the cost of the trip to hill



COMPETITION FEES

We ask each athlete going to a competition to give the coaches \$5.00 to confirm you will go and \$5.00 deposit for the uniform. If the uniform is not returned within 2 weeks or is damaged you do not get the money back.

RESPITE: If an athlete is in respite please let the coach know, it could be a medical emergency.__

START UP DATES AND SPORT INFORMATION

Sport	Place	Day	Time	Start Date	Contact
5Pin Bowling	Brechin Lanes	Saturdays	2pm-3:30pm	Sept. 24 th	Shirley Cottle 753-9895
Youth 5 Pin Bowling	Brechin Lanes	Saturdays	3:45pm-4:45pm	Sept. 24 th	Jacky Sheng 390-0815
10 Pin Bowling	Evergreen Lanes	Mondays	3:30pm-5:00pm	Sept. 19 th	Bill Crocker 753-4424
Figure Skating	Cliff McNabb Arena	Tuesdays	5:15pm-6:00pm	Sept. 20 th	Angela Behn 753-2340
Floor Hockey	Quarterway	Tuesdays	5:30pm-7:00pm	Oct. 4 th	Jon
Curling	Nanaimo Curling Club	Thursdays	3:30pm-5:00pm	Oct. 6 th	Ron Kaneen 758-0173
Rhythmic Gymnastics	Dufferin Crescent	Wednesdays	6:00pm-7:00pm	Sept. 21 st	Sylvia Taylor 758-0630
Athletic Club	Dufferin Crescent	Wednesdays	7:00pm-8:30pm	Sept. 21 st	Sylvia Taylor 758-0630
Dryland Training	Dufferin Crescent	Mondays	TBA	Nov. 7 th	John Campbell 753-7125
Swimming	TBA	TBA	TBA	TBA	Dawn Henderson 729-0472
Soccer	TBA	TBA	TBA	TBA	John Campbell 753-7125
Track	TBA	TBA	TBA	TBA	Angela Behn 753-2340
Softball	TBA	TBA	TBA	TBA	TBA
T-Ball	TBA	TBA	TBA	TBA	TBA

Congratulations, 5 Pin Bowlers!

FIVE NANAIMO ATHLETES (YVES MOSKALUKE, LORRAINE ROZZANO, KEVIN BALDWIN, RICHARD MCLELLAN AND LEANNE HEWITT) FORMED "THE DREAM TEAM" THAT REPRESENTED REGION 6 AT THIS SUMMER'S 5 PIN BOWLING CHAMPIONSHIPS HELD IN SURREY IN JULY.

48 TEAMS FROM ALL OVER BC PARTICIPATED IN THE CHAMPIONSHIPS. THE NANAIMO TEAM WON A SILVER MEDAL IN DIVISION 3. KEVIN BALDWIN WAS PLACED SECOND IN THE INDIVIDUAL MEN'S STANDINGS AS A RESULT OF A STRONG AND CONSISTENT PERFORMANCE OVER THE TWO DAY SIX GAME CHAMPIONSHIPS.

THE TEAMS WERE BASED AT THE PACIFIC ACADEMY (PRIVATE SCHOOL) IN SURREY AND WERE BUSSED EACH DAY TO THE SCOTTSDALE BOWLING LANES. DUE TO THE NUMBER OF TEAMS PARTICIPATING IN THE CHAMPIONSHIPS THE NANAIMO TEAM COMPLETED THEIR GAMES IN THE MORNINGS WHICH ALLOWED THE AFTERNOON'S FREE TO REST AND SOCIALIZE WITH THE OTHER ATHLETES. THE FOOD WAS FANTASTIC (TOO MUCH OF COURSE!). THE VICTORY DANCE WITH A WESTERN THEME ON SATURDAY NIGHT WAS EXCELLENT WITH MOST ATHLETES PARTYING UNTIL MIDNIGHT. GREAT SINGING LEANNE AND YVES!

CONGRATULATIONS TO THESE ATHLETES FOR PLAYING HARD, AND REPRESENTING THEMSELVES AND NANAIMO VERY WELL AT THIS YEAR'S CHAMPIONSHIPS.

More BCSO Provincial Games Results

Track and Field –

Ray Lappalainen - 100 metres – 1st
200 metres – 1st
400 metres – 1st
Shot Put – 1st
Running Long Jump – 1st

Ron Greenhorn – 100 metres – 5th
200 metres – 3rd
400 metres – 6th
Shot Put – 4th
RLJ – 4th

Jason Kemp – 100 metres - 4th
200 metres – 3rd
400 metres – 5th
Shot Put – 7th
RLJ – 2nd

Chris Crocker – 100 metres – 5th
200 metres – 5th
Shot Put – 2nd
RLJ – 6th

Ginger Meers – 100 metres – 3rd
200 metres – 4th
400 metres – 5th
Shot Put – 7th
RLJ – 4th

Charla Joiner – 100 metres – 1st
200 metres – 2nd
Shot Put – 3rd
RLJ – 5th

Crystal Lussier – 100 metres – 4th
200 metres – 5th
Shot Put – 1st
RLJ – 4th

Soccer –

Yves Moskaluke – 3rd, division B

Robin Blanchette – 3rd, division B



Thank You!!!!

Many thanks to one and all who have come out to help this summer at our fundraisers at the Cranberry Arms Pub. Both the Ducky Race in June and the Trike Race in August are wonderful fundraisers for BCSO-Nanaimo and without their support our local might not be able to run. HUGE thank you's especially go out to the Cranberry Arms Pub and all their patrons who support us with these fundraisers, and also the Cedar Lions as well. THANK YOU, THANK YOU, THANK YOU!!!!

1st - coming from behind to beat reigning team, Biker Babes in Training were Dave and the Dingbats! Congratulations!

2nd – Biker Babes in Training

3rd - Loud Cowboys

4th – The Cowgirls

5th – The Leftovers

We should be coming out of the Trike Race with \$4000 – Woohoo!!!! Thank you to all who participated.

Canada Games

In August Kristeen Cooper traveled as a member of Team BC to Regina to compete at the Canada Summer Games. She competed against some of the most elite Special Olympics athletes in Canada and came home with a bronze medal. Congratulations, Kristeen!

CSO National Summer Games – 2006

Congratulations go out to Kristeen Cooper and Ray Lappalainen who have qualified for the Canadian Special Olympics Games to be held next summer in Brandon, Manitoba. Kristeen will compete in swimming and Ray will compete in track and field. Well done!