



BC Special Olympics-Nanaimo Newsletter

September 2007



WELCOME BACK!

It has been a very busy summer for me and for a lot of coaches and athletes. Ray Lappalainen and Kristeen Cooper are in their final days of training before they head off to Shanghai, China. Thank you coaches for the dedicated training you gave the athletes, it paid off! Now it is time to start a new season. We want you to spread the word about our great club so we can have more athletes and volunteers. Please give them my number - Sylvia Taylor 758-0630.

REGISTRATION

Please return the enclosed registration forms to Shirley Cottle in the envelope now. **REGISTRATION IS BY MAIL ONLY.**

FEES

ATHLETES: \$15 (this includes the Fall/Winter and Spring programs) **if you have your registration forms into Shirley before September 22nd !**

****Late registration fee will be \$20****

VOLUNTEERS: No Charge

ALL VOLUNTEERS AND COACHES MUST BE REGISTERED BEFORE ATTENDING ANY SPORT SESSION.

COACHES WILL NOT DO ANY REGISTRATIONS.

REGISTRATION IS BY MAIL ONLY.

SPORT FEES

5 PIN BOWLING	\$2.00 PER SESSION
10 PIN BOWLING	TBA
SWIMMING	\$8.00 PER MONTH prepaid
SKI & SNOWSHOE TO MTN.	Based on the cost of the trip to hill
FIGURE SKATING	TBA

COMPETITION FEES

We ask each athlete going to a competition to give the coaches \$5.00 to confirm you will go and \$5.00 deposit for the uniform. If the uniform is not returned within 2 weeks or is damaged you do not get the money back. If the trip is an overnight trip, or you are leaving the island, the fee will be \$10 confirmation.

RESPITE: If and athlete is in respite please let the coach know, it could be a medical emergency.

Newsletter Info

We're going to changing our mailout system for newsletters this year. If you would like to receive your newsletter by email, please email Joanne at blunder911@shaw.ca or Angela at angelabehn@shaw.ca . If you would like to continue receiving your newsletter by regular mail please make sure we have your correct mailing address. If you move, please let us know!

*****We're Moving!!!*****

A short time ago we were informed that we would no longer be able to rent Dufferin Crescent School gym due to there being no full-time janitor services anymore. We quickly have searched for a new gym and have managed to find a perfect substitute! **Athletic Club and Rhythmic Gymnastics and Basketball will now be held at Bayview School.** We were lucky to be able to keep Wednesdays as our night so the only thing changing is the location. Bayview School is located at 140 View St. **Dryland Training for winter sports will now be held at Quarterway School.**

More news to follow in the next newsletter!

Visit our website for up-to-date info - www.bcsonanaimo.ca

START UP DATES AND SPORT INFORMATION

Sport	Place	Day	Time	Start Date	Contact
5Pin Bowling	Brechin Lanes	Saturdays	2pm-3:30pm	Sept. 22 rd	Shirley Cottle 753-9895
10 Pin Bowling	Evergreen Lanes	Mondays	3:30pm-5:00pm	Oct 15th	Bill Crocker
Figure Skating	Cliff McNabb Arena	Tuesdays	3:30pm-4:45pm	Sept. 18th	Angela Behn 753-2340
Floor Hockey	Quarterway	Tuesdays	5:30pm-7:00pm	Oct. 2 th	Jon Richard 716-3505
Curling	Nanaimo Curling Club	Thursdays	3:30pm-5:00pm	Oct. 4 th	Ron Kaneen 758-0173
Rhythmic Gymnastics	Bayview School	Wednesdays	6:00pm-7:00pm	Sept. 19 th	Sylvia Taylor 758-0630
Athletic Club	Bayview School	Wednesdays	7:00pm-8:30pm	Sept.19th	Sylvia Taylor 758-0630
Dryland Training	Quarterway	Mondays	6:30pm-7:30pm	Oct 15 th	John Campbell 753-7125
Swimming	Beban Pool	Sundays	11:00am- 12:00pm	Sept 23rd	Dawn Henderson 729-0472
Soccer	TBA	Tuesdays	TBA	TBA	John Campbell 753-7125
Track	NDSS Track	Mondays	TBA	TBA	Angela Behn 753-2340
Softball/T-ball	TBA	Wedneasdys	TBA	TBA	TBA
Basketball	Bayview School	Wednesdays	7:00pm-8:30pm	Sept. 26 th	Sylvia Taylor 758-0630