

BC SPECIAL OLYMPICS NANAIMO

WINTER 2011



Bowling is now more exciting than ever!!

Ray Britten, owner of Brechin Lanes, has introduced a new badge Award program for our athletes. The results of these awards are posted on the wall, it looks very impressive. Thank you to Jo Anne Raybeck for taking this task on. Check out and see how the athletes are earning their badges by beating their best.

GARAGE SALE???

We have had only one inquiry. If you are interested in helping out by donating items, let Sylvia (250 758-0630) know now. This is an easy way for you to help with a fundraiser for the athletes. No response, no garage sale.

FUND RAISER---We have a signed hockey stick from **LUONGO** Help us sell raffle tickets on it. Phone Sylvia 758-0630

PROVINCIAL WINTER GAMES

Can we brag about our athletes!!! The winter sports games has taken place and we have brought home the medals.

The **FLOOR HOCKEY** team was over the moon!! They came home with GOLD.



Figure skaters Erin Cote, Crystal Thompson and Jay Brash each wearing their medals they earned at their Games competition in Coquitlam. Their coach, Angela Behn is proud of their performances.



What a great team to represent our curling club at the Provincial S.O. Winter Games. Bringing back a Bronze medal is awesome.

The curlers, Paul McKinley, Kristeen Cooper, Glen McCord, Jay Belinski, and Chris Crocker played great exciting games. Coaches Ron Kaneen and Art Peck gave them the encouragement to sweep to this success.

THANK YOU TO ALL COACHES. Without their excellent training, our athletes would not make it to this level of competition. They are the best and you must thank them.

The Provincials 2011

The alpine ski team just return from provincials in sunny Kelowna. What an excellent weekend! Nanaimo took up four skiers Glen McCord, Jason Kemp, Ron Greenhorn and Charla Joiner. The three coaches that attended were Angela Behn, Tabitha Smith and John Campbell. It was an exciting weekend watching all our practice being executed on the race course. The improvement I have seen since Tabitha has joined the coaching team is amazing! It was a weekend not only did the sun shine so did athletes. Many personal bests were shattered. The ski team brought home quite a few medals, but the one thing this coach was proud of was win or lose we showed sportsmanship, we executed excellent form and technique and had a whole lot of fun doing it!! Well done team! I can't wait till next season. See you on the slopes. (John Campbell)

SPRING/SUMMER SPORTS

The winter season of sports is winding down, and coaches are being lined up for the next session of sports. We are offering softball and T-ball on Wed., Golf on Thurs., Soccer on Tues., Track and Field on Mon. and Bocce on Thurs. Have a look at the schedule for more details.

HELP NEEDED

Our long time volunteer, 22 years, Mary Ranger, is stepping down as our Uniform coordinator. She has kept our competition uniform pieces in mint condition. Nanaimo has always received compliments on our uniforms and we want to keep this reputation. We need someone who has an interest in our athletes, has an extra area in their house and will carry on distributing the uniforms when needed.

THANK YOU MARY, YOUR TIME AND ENERGY IS VERY MUCH APPRECIATED BY ALL OF US.

START UP AND END DATES AND SPORT INFORMATION

Sport	Place	Day	Time	Start Date	Contact
5Pin Bowling	Brechin Lanes	Saturdays	2pm-4:00pm	Sept. 25 April	Shirley Cottle 753-9895
10 Pin Bowling	Evergreen Lanes	Mondays	3:00pm-5:00pm	Sept. 27 April	Doris 753-4575
Figure Skating	Cliff McNabb Arena	Tuesdays	4:00-4:45	Sept. 21 March	Angela Behn 753-2340
Floor Hockey	Quarterway	Tuesdays	5:30pm-7:00pm	Oct. 12 Mar. 8	
Curling	Nanaimo Curling Club	Thursdays	3:30pm-5:00pm	Oct. 7 Mar.	Ron Kaneen 758-0173
Rhythmic Gymnastics	Fairview School	Wednesdays	6:00pm-7:00pm	Sept. 22 Mar. 9	Sylvia Taylor 758-0630
Athletic Club	Fairview School	Wednesdays	7:00pm-8:30pm	Oct. 6 Mar. 9	Jon Richard 756-7079
Fitness and Dryland	Quarterway	Mondays	6:30pm-7:30pm	Oct 18 Mar. 8	John Campbell 753-7125
Swimming	NAC	Mondays	5:30-6:30	Oct. 18	Dawn Henderson 729-0472
Soccer	Quarterway Sch.	Tuesdays	6:30-7:30	April 5 th June 14 th	Daryck Cowling 758-3201
Track & Field	NDSS Track	Mondays	5:45pm-6:45pm	April 11 June	Angela Behn 753-2340
Softball T-Ball	Fairview Com. School	Wednesdays	7:00-8:30	April 6 th June April 6 th June	Debbie Young 585-0881 Jodi Justice 754-3256
Golf	Beban Pitch Putt	Thursdays	6:00-8:00	April 14 June 16	Dave Forrester 591-7507
Bocce	Cavalotte Lodge	Thursdays	5:30-6:30	May-June	
FUNDamentals	Fairview School	Tuesdays	5:30-6:15	Oct 5. March 8	Tabitha Smith