



BC SPECIAL OLYMPICS NANAIMO



Fall 2012

We are in full swing with all our sport programs. We welcome all the new volunteers and are glad to see continued commitment from the ones who returned.

ATHLETES

The floor hockey team is in need of more athletes to have a better practice. This is the year for athletes to try this sport without any pressure. Have fun!! Floor Hockey is on Tues. at Quarterway School 6:00-7:30.

****Athletes who are going to the SPECIAL OLYMPICS PROVINCIAL SUMMER GAMES need to have three activities to keep up their fitness. It is not only the sport skills that you need, but stamina to keep going and good health and fitness to attend all activities. Coaches will be asking for this information and giving it to Regional coordinator.**

HAPPY 25TH ANNIVERSARY SOBC NANAIMO

Everyone enjoyed a great party at Bowen Center coordinated by JoAnne Raybeck. Thanks to her and many helpers that made this a success. The dinner was catered by Master's Touch. Lisa accepted our donated sales slips from COUNTRY GROCER to help pay for the food. THANK YOU everyone who gives us the sales slips, and now with the new store, hopefully we can get more. SOBC Nanaimo relies on you to help finance our banquets.

CHRISTMAS BANQUET will not be put on this year because we had the anniversary one. We need to have more Country Grocer sales slips to afford the next one.

CANADIAN TIRE MONEY

At the banquet a prize was given to Tanya Perrot for donating the most money. The prize was donated by Mary and Crystal Thompson.

THANKS to them for the prize and for the large amount of money collected by Crystal from everyone she knows. We were able to purchase a steamer for the uniforms. We now need some floor hockey helmets.

CANADIAN SPECIAL OLYMPICS GOLF CHAMPIONSHIP

On Sept. 28 & 29th, Yves Moskaluke attended this event at Mt. Hope Ontario at the Chippewa Creek Golf Course with coach Art Peck. Yves tied for first but in a play off, he came in with a silver. CONGRATULATIONS!

SPREAD THE WORD ABOUT OUR NEW PROGRAM

ACTIVE START

SOBC Nanaimo is progressing towards having a sport, fitness, movement program for athletes ages 2years to 5years old. We have the instructors and the facility, Quarterway Gym, and the night, Monday. We are looking forward to starting this program in January. TELL YOUR FRIENDS AND AQUAINTENCES. The athletes will register with Special Olympics Nanaimo, phone Shirley Cottle or email smcottle@shaw.ca to make arrangements.

CANUCKS SIGNED HOCKEY STICK RAFFLE

Once again we are selling tickets to raffle off a Canucks hockey stick signed by Dan Hamhuis.

This is one of our fundraisers that the athletes and volunteers are able to help out. Please make an effort to sell these tickets for us. ALL our funding for the programs is from the community. For tickets phone Sylvia 758-0630 or email sylvia-miller@shaw.ca.

Note time changes

2012-2013 START UP AND END DATES AND SPORT INFORMATION

Sport	Place	Day	Time	Start / Stop	Contact
5Pin Bowling	Brechin Lanes	Saturdays	2pm-4:00pm	Sept. 22 April 22	Shirley Cottle 753-9895
10 Pin Bowling	Evergreen Lanes	Mondays	3:00pm-5:00pm	Oct. 3 21 April	Doris 753-4575 Bill 758-4430
Figure Skating	Cliff McNabb Arena	Tues.			Angela Behn angelabehn@shaw.ca
Floor Hockey	Quarterway	Tuesdays	6:00pm-7:30pm	Oct. 9- Dec 11 Jan 8-Mar. 8	Dave Forrester 591-7507
Curling	Nanaimo Curling Club	Thursdays	3:30pm-5:00pm	Oct. 4-Dec,13 Jan. 3-Mar..14	Ron Kaneen 758-0173
Rhythmic Gymnastics	Fairview School	Wednesdays	6:00pm-7:00pm	Sept 19-Dec.11 Jan 9-Mar. 13	Sylvia Taylor 758-0630
Athletic Club	Fairview School	Wednesdays	7:00pm-8:30pm	Oct. 10-Dec 11 Jan 9-Mar.13	Nigel Ward 618-8876
Club Fit and Dryland	Quarterway	Mondays	6:30pm-7:30pm	Oct 15-Dec 10 Jan7-Mar.11	John Campbell 753-7125
Swimming	NAC	Mondays	5:30-7:00	Sept 10-Dec Jan -July 8	Dawn Henderson 729-0472
Soccer	Quarterway Sch.	Tuesdays	6:30-7:30	April June	Daryck Cowling 758-3201
Track & Field	NDSS Track	Mondays	5:45pm-6:45pm	April June	Angela Behn angelabehn@shaw.ca
Softball	Fairview Com. School	Wednesdays	7:00-8:30	April June	Debbie Young 739-0881
T-Ball			6:00-7:00	April June	Jodi Justice 754-3256
Golf	Beban Pitch and Putt	Mondays	6:00-7:00	April June	Dave Forrester 591-7507
Bocce	Cavalotte Lodge	Tuesdays	5:30-6:30	May	Sylvia Taylor 758-0630
Fundamentals	Fairview School	Tuesdays	5:15-6:30	Oct.2 March	Tabitha Smith 668-6871

If you need information on any of the sports and can not get the coach, phone Sylvia 250 758-0630 or email Sylvia-miller@shaw.ca