



BC SPECIAL OLYMPICS NANAIMO



December 2012



WE ARE VERY SORRY THAT WE WILL NO LONGER BE SENDING THE NEWSLETTER OUT BY MAIL. We will attempt to know what sport programs the athletes and volunteers who have been receiving them by mail, are attending and have the head coach have some to hand out. If you have an email address that we do not have, please let us know so you can get them.

SPORT START UP IN 2013

5 pin bowling	Jan 5 th	10 pin bowling	Jan 7 th
Dryland/Club Fit	Jan 9 th	Curling	Jan 3 rd
Floor Hockey	Jan 8 th	Athletic club	Jan 9 th
Rhythmic Gym	Jan 9 th		

Please phone the coaches of Figure skating and swimming for these start up dates.

A NEW PROGRAM FOR SOBC NANAIMO--Active Start:

The Active Start program is a new sport initiatives developed by Special Olympics BC (SOBC) to develop basic motor/sport skills through fun and positive movement experiences for children with intellectual disabilities.

Since 1980, SOBC has been a progressive sport organization providing sport training and competition for individuals with intellectual disabilities. This youth initiative grows from understanding the importance of sport and movement activities for children too young to participate in competitive sport programs.

Great success of Active Start rests on parents/caregiver participation. The programs strive to educate all involved in order to foster lifelong skill development for athletes.

Active Start is a family-centered activity program targeting young children with intellectual disabilities throughout BC between the ages of 2-6 years.

The Active Start program has many benefits:

- Substantial and improved development of physical, cognitive, and social abilities;
- Introduction of positive social experiences through appropriate play activities;
- Education for parents/caregivers in areas including nutrition, basic motor skills, and the Special Olympics organization.
- Opportunities for parents/caregivers to expand their networks and support systems.

Active Start is facilitated by trained coaches.

Start Date, Location and Facilitators:

Quarterway -Monday's from 5-6pm starting January 14th. Program Leaders: Olivia Bowers and Nicole Wright – VIU Child and Youth Undergrads

CANUCKS HOCKEY STICK WINNER is Brien McLean, ticket sold by Jason Mills. THANK YOU EVERYONE WHO SOLD TICKETS. The most sold was by Crystal Thompson who requested to sell at REACTION SPORTS.

We made \$1304.00 of the \$2,000.00 we could have if all were sold.

\$\$\$\$ HELP \$\$\$\$

We are very much in need of more avenues of funding. A meeting to discuss ideas will be held on Jan. 7th at 7; 00 pm. at 6009 Schooner Way.

If you have any ideas, please come and tell us, or email the details to sylvia-miller@shaw.ca.