

## BC SPECIAL OLYMPICS - NANAIMO

August 2014

We are having a **Garage Sale**  
Saturday September 20<sup>th</sup>

Donations are needed, PLEASE drop off at Sylvia's, 6009 Schooner Way

**Thank You** to the 19 Athletes and 11 Coaches who were at the **Torch Run**, well done!

**Congratulations** to all the Nanaimo athletes and coaches who participated in the Special Olympics National Games this summer. The top results for the Nanaimo athletes are as follows:

Kristeen Cooper	200M Butterfly	Silver
	200M IM	Silver
Melinda Mills	200M Freestyle	Silver
	25M Breaststroke	Gold
	100M Freestyle	Bronze
	100M IM	Silver
	4x50M Medley Relay	Silver
Charla Joiner	Standing Long Jump	Silver
Yves Moskaluke	Golf	Gold
Simon Phipps	4x400 Relay	Bronze
Alex Williams	Long Jump	Silver
	200M	Bronze
Crystal Thompson	10 Pin Doubles	Gold
	10 Pin Team	Gold

A well deserving thank you goes out to our coaches Angela Behn and Bill Crocker.

The results for our athletes at the BC Summer Games, Nanaimo are:

Simon Phipps	Long Jump	Bronze
	Shot Put	Silver
	800 Meter	Bronze
	4x100 Relay	Silver
Ron Greenhorn	Shot Put	Gold
	4x100 Relay	Gold

**REGISTRATION September 9<sup>th</sup>**  
**Bowen Park Room #1**  
**TIME: September 9<sup>th</sup>, 7:00-9:00p.m.**

Registration Forms have been mailed to you, watch for it.

If you do not receive it come to Registration anyways, bring your BC Medical Card.

***Please bring your filled in Registration Form and your BC Medical Card***

Assistance with your forms will be available

Registration fee for athletes \$20 before Oct. 25<sup>th</sup>: \$25 for late registration.  
Cash or cheque to SOBC NANAIMO.

### ALL SPORT FEES STAY THE SAME AS LAST YEAR.

Your registration fee gives you most sports but the following you pay:

5 and 10 pin bowling	\$ 3.00 per session
Swimming	\$ 10.00 PREPAID per month
Golf	\$ 3.00 per session

Ski trips – athlete pays for adapted ski registration which gives half price on lifts and rentals.

Half of the transportation is divided amongst the participants attending, and half their price on lift fares is charged to you.

### COMPETITIONS \$20 PER DAY

This helps with the transportation, registration and other costs for the trip. If an athlete backs out of a competition that their registration has already been sent in, it must still be paid by the athlete.

**CLUB FIT** is a very popular program to keep up your fitness.

This sport will be needed for the athletes that are going to the Provincial Winter Games. We want to be the best trained athletes, showing everyone that Nanaimo will be hard to beat!!

### REMEMBER ALL PROGRAMS ARE “SCENT FREE” for allergies

Sport	Place	Day	Time	Start / Stop	Contact
<b>5Pin Bowling</b>	Brechin Lanes	Saturdays	2:00-4:00pm	Sep 27- Dec.20 Jan 10-April	Shirley Cottle 753-9895
<b>10 Pin Bowling</b>	Evergreen Lanes	Mondays	3:00-5:00pm	Sept.29 –Dec.8 Jan 5-April	Doris 753-4575 Bill 758-4430
<b>Figure Skating</b>	Cliff McNabb Arena	Tuesdays			Angela Behn angelabehn@shaw.ca
<b>Floor Hockey</b>	Quarterway	Tuesdays	6:00-7:30pm	Oct 21-Dec 16 Jan 6 - Mar.	Bob Lasota 591-6909
<b>Curling</b>	Nanaimo Curling Club	Thursdays	3:30-5:00pm	Oct. 19-Dec 18 Jan. 8-Mar..12	Ron Kaneen 758-0173
<b>Rhythmic Gymnastics</b>	Fairview School	Wednesdays	6:00-7:00pm	Sept 24-Dec.10 Jan 7-Mar. 11	Sylvia Taylor 758-0630
<b>Athletic Club</b>	Fairview School	Wednesdays	7:00-8:30pm	Oct. 1-Dec 10 Jan 7-Mar.11	
<b>Club Fit and Dryland</b>	Quarterway	Mondays	6:30-7:30pm	Oct 20-Dec 8 Jan12-Mar.	John Campbell 753-7125
<b>Swimming</b>	Beban	Tues. & Thurs	5:00-7:00pm	Sept 16-Dec 13 Jan 6–May	Dawn Henderson 729-0472
<b>Fundamentals</b>	Fairview	Tuesdays	5:30-6:30pm	Sept 23-Dec 16 Jan 6-Mar 10	